

GENERAL INFORMATION

Registration

Registration is free of charge and can be made through the website: www.meeting-planner.it (select the congress in the section "Calendario eventi" - FAD)

Language

The official language is English.

Recommended devices: PC/LAPTOP/MAC

Browser: GOOGLE CHROME

Organizing Secretariat



MEETING PLANNER

National CME Provider for Italy, registered as no. 2516
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Final Conference

Silver Wellbeing:
a journey through
the **Med Diet**
and **Slow tourism**



June 25, 2021 - Webinar

10.00 am - 12.00 pm

Project co-funded by European Union, European Regional Development Funds (E.R.D.F.) and by National Funds of Greece and Italy



FACULTY

Angelamaria Abrescia

Naps Lab Technical Assistance Polyclinic of Bari

Theodore Fotsis

FORTH

Constantinos Glaros

FORTH

Christina Kostara

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FINAL CONFERENCE "SILVER WELLBEING: A JOURNEY THROUGH THE MED DIET AND SLOW TOURISM"

Moderator: **Gino LORENZELLI**

- 10.00 Institutional Greetings
- 10.15 Silver Wellbeing: cooperation, actions and final results
Angelamaria ABRESCIA
- 10.30 The Puglia experience for Silver tourism. Preferences, trends and future opportunities
Nica MASTRONARDI
- 10.45 Med Diet: a new App to score your adherence
Antonio MOSCHETTA
- 11.00 Med score data from our study
Elena PICCININ
- 11.15 A short overview of the contribution of InnoPolis to project achievements. Applications and tools of the project
Katerina SOTIROPOULOU, Ioannis PAPAGIANNOPOULOS, Miltos KOUSTAS
- 11.30 The Mediterranean Diet as a Transversal CBC asset
Christina KOSTARA
- 11.45 The Mediterranean diet
Theodore FOTSIS
- 11.50 The Routes of Olive Oil in Greece
Constantinos GLAROS
- 12.00 Wrap up